

Orange Baby Boomers

SPORT A MONTH 2015



Office
of Sport
Sport & Recreation

ORANGE BABY BOOMERS SPORT A MONTH 2015

THIS ONCE-A-WEEK COME 'N TRY SPORT PROGRAM IS FOR OLDER ADULTS WHO WANT TO KEEP ACTIVE. THE SPORT PLAYED CHANGES EVERY MONTH. COME WHEN YOU WANT, ONLY PAY WHEN YOU PLAY!



Cost: \$5 per week
(unless otherwise stated)



Month	Sport	Venue	When
January	Aqua Zumba	Orange Aquatic Centre, Cnr Hill and Warrendine Sts	Friday mornings 10 - 11 am (no program 2 January)
February	Clogging	CWA Hall, Robertson Park, Orange	Wednesday evenings 6:30 - 7:30 pm
March	Dragon Boating	Lake Canobolas, Lake Canobolas Rd, Orange (meet at the beach area)	Thursday mornings 11 am - 12 pm
April	Lawn Bowls	Orange City Bowling Club, Cnr Hill and Warrendine Sts	Thursday afternoons 12 - 1 pm
May	Croquet	Orange Croquet Club, 149 Hill St	Thursday afternoons 4 - 5 pm
June	Tenpin Bowling	Orange Tenpin Bowling Centre, Cnr Byng and Seymour Sts	Thursday mornings 10:30 - 11:30 am
July	Zumba Gold	Studio Fitness, Cnr Kite St and McNamara Lane, Orange	Friday mornings 9:30 - 10:30 am
August	Pilates	Studio Fitness, Cnr Kite St and McNamara Lane, Orange	Wednesday mornings 11:30 am - 12:30 pm
September	Tai Chi	St Barnabas Anglican Church, Cnr Dora & McLachlan Streets Orange	Thursday afternoons 1 - 2 pm
October	Tennis	Orange Ex Services Tennis Club, Wade Park, Warrendine St	Thursday afternoons 12 - 1 pm
November	Walking (Free)	Various Orange Locations To Be Advised	Thursday mornings 10 - 11 am
December	Golf	Duntry League Golf Club, Woodward St, Orange	Thursday mornings 10 - 11 am (no program 24 and 31 December)

For more information or to enrol call (02) 6362 6623 or go to

www.dsr.nsw.gov.au/whatson.asp?region=western



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